

2008 NORTHERN REGION WRESTLING TOURNAMENT

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Dates: February 14th, 15th & 16th, 2008

Site: L. Pat Laing Field House
Fairfax High School
3501 Rebel Run.
Fairfax, va. 22030

Time Schedule: Thursday – February 14

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|------------------|---|---------|--|
| Session I | { | 1:30 pm | Scales available |
| | | 3:00 pm | Weigh-in for all contestants in wrestling room |
| | | 5:00 pm | First-round matches (championship) (6 mats) |
| | | 7:00 pm | First-round matches (consolation) (6 mats) |

Friday – February 15

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|--------------------|---|----------|--|
| Session II | { | 8:30 am | Scales available |
| | | 10:00 am | Weigh-in for all contestants in wrestling room |
| | | 12:00 pm | Quarterfinal immediately followed by second round of consolations |
| Session III | { | 6:00 pm | Semi-finals and consolation round (quarterfinal) Two mats for semis, and two mats for Consolation matches. |

Saturday – February 16

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| Session IV | { | 9:30 am | Meeting for all coaches |
| | | 9:30 am | Scales available |
| | | 10:30 am | Weigh-in for all contestants in wrestling room |
| | | 12:00 pm | Consolation Semi-finals (four mats) 5 th and 6 th place matches |
| Session V | { | 4:30 pm | Consolation finals – two mats |
| | | 6:00 pm | Championship matches – one mat |

Awards: First and Second place team will receive trophies
Top six individuals in each weight class will receive medals
Most pins in the least amount of time
Outstanding wrestler
Team Sportsmanship Award

The consolation bouts are not included in determining individual trophy winners.